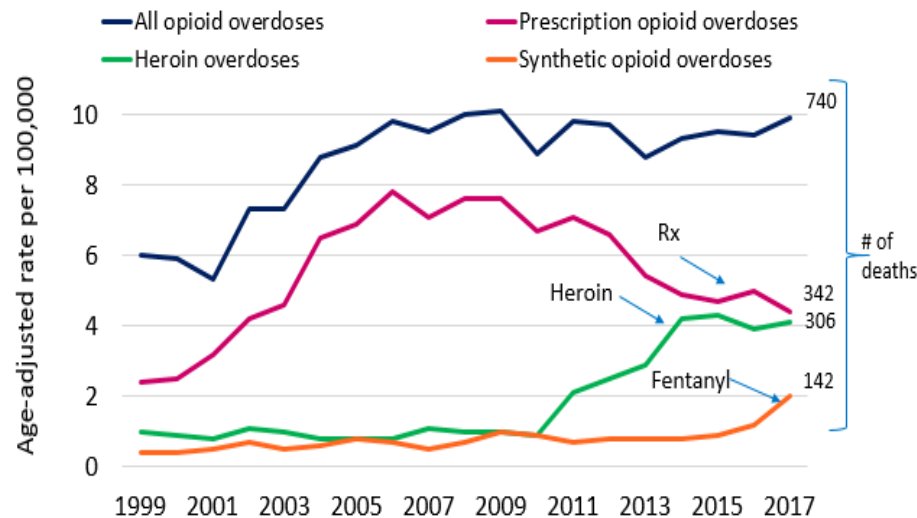




# A look at the opioid epidemic in North Central Washington

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Clinical Quality and Care Transformation  
March 15, 2019

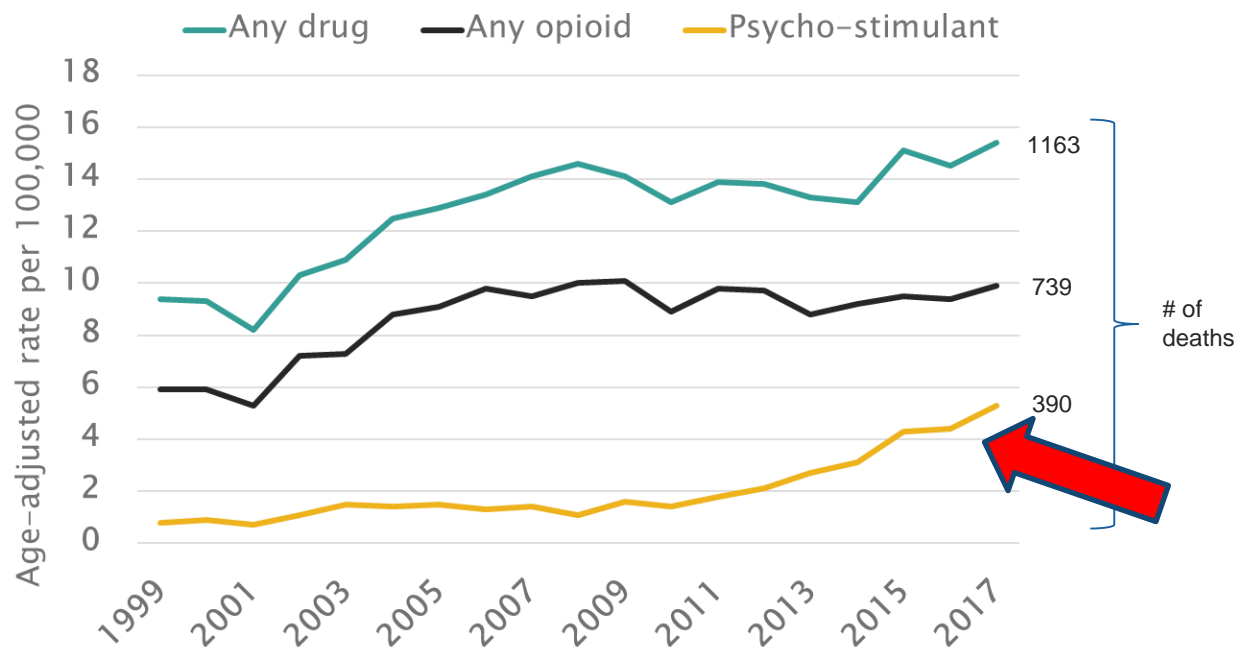
# Opioid-Related Overdose Deaths 2000–2017\*



- Earlier this year we saw an overall decline – but now we are experiencing an increase driven by synthetic opioids/ Fentanyl – much of it is probably illicit/ counterfeit.
- Good news: We are experiencing a nearly 50%, now sustained, decline in Rx use.

Source: DOH Death Certificates (Note: prescription opioid overdoses exclude synthetic opioid overdoses)  
\*Data for 2017 are preliminary as of 8/23/2018.

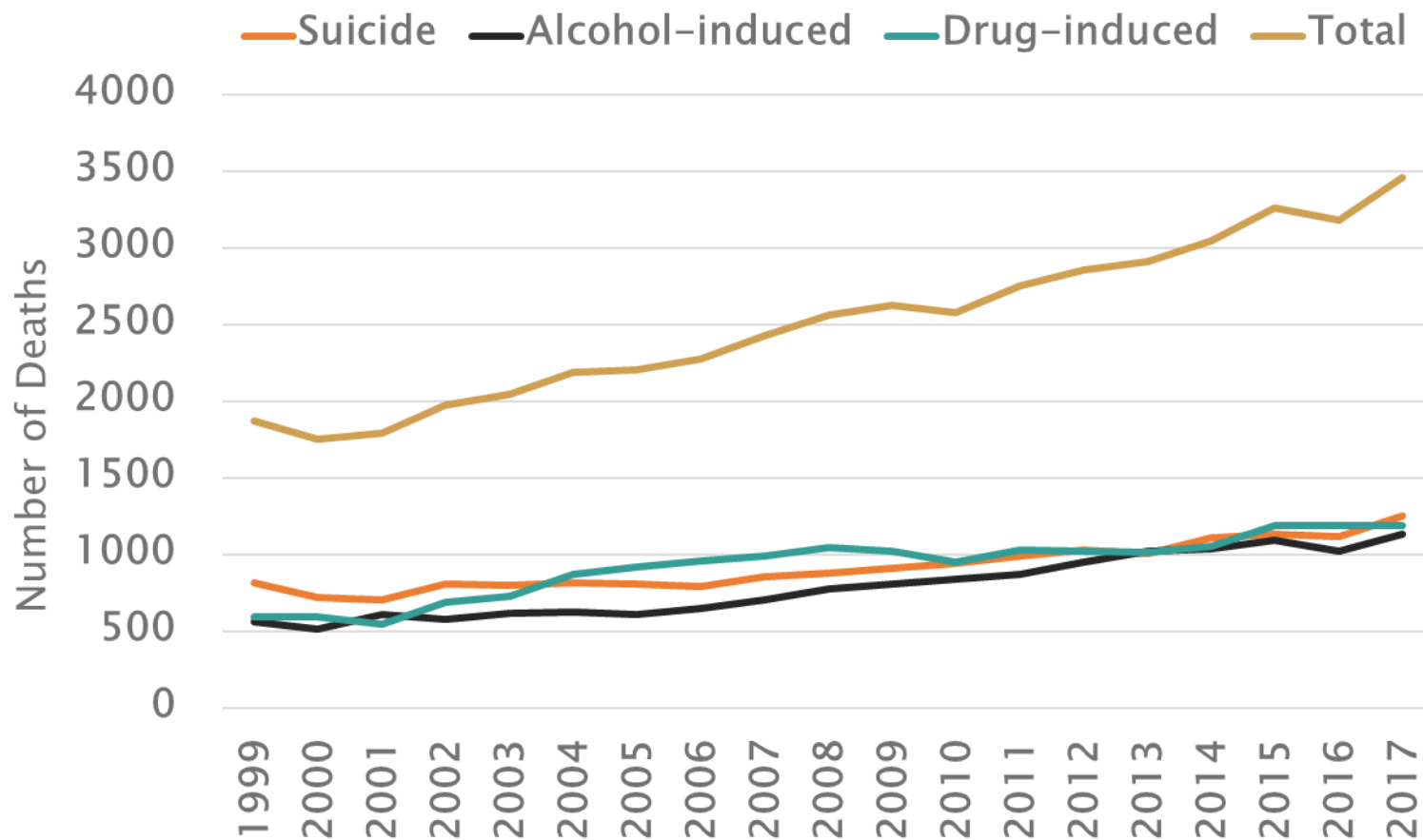
## Drug Overdose Deaths, WA 2000–2017



Source: DOH Death Certificates

Note: prescription opioid overdoses exclude synthetic opioid overdoses

# 'Deaths of Despair' in Washington

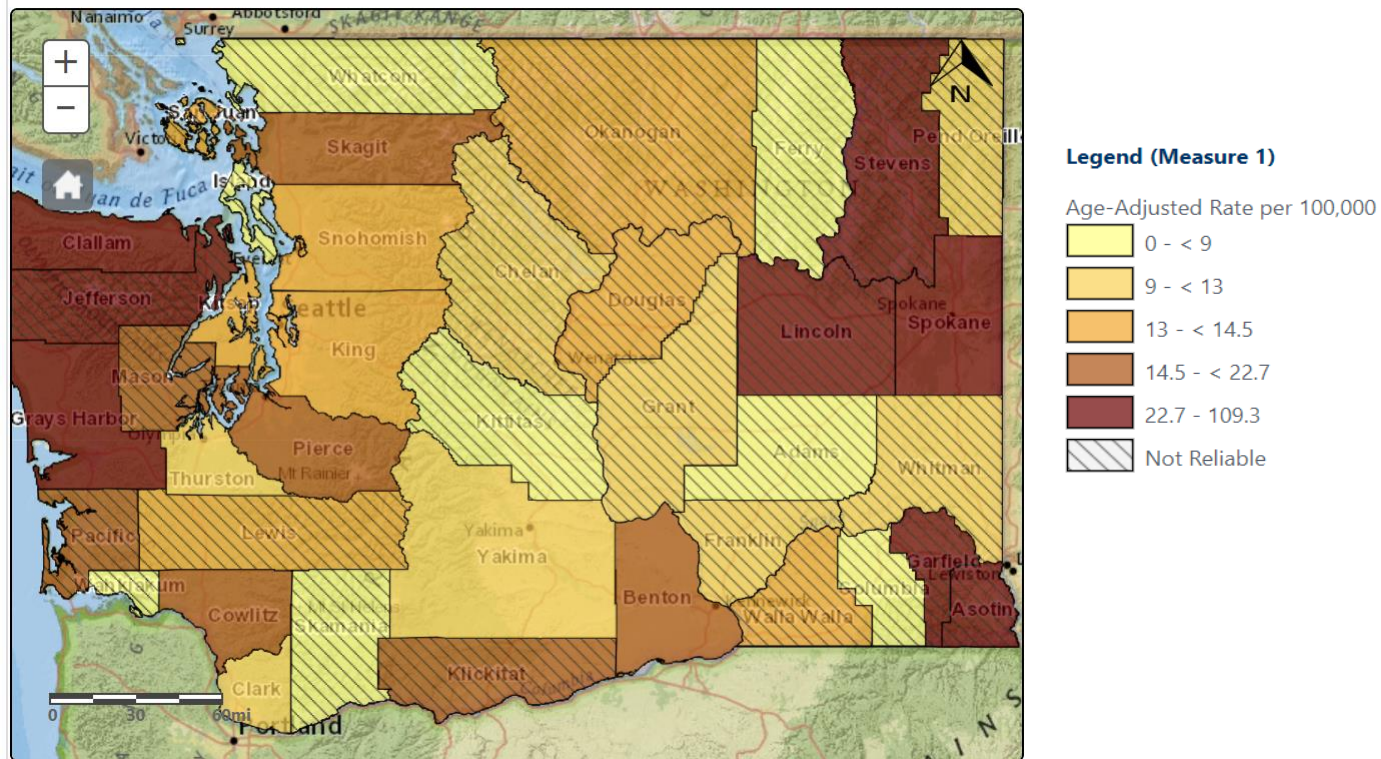


Source: DOH Death Certificates

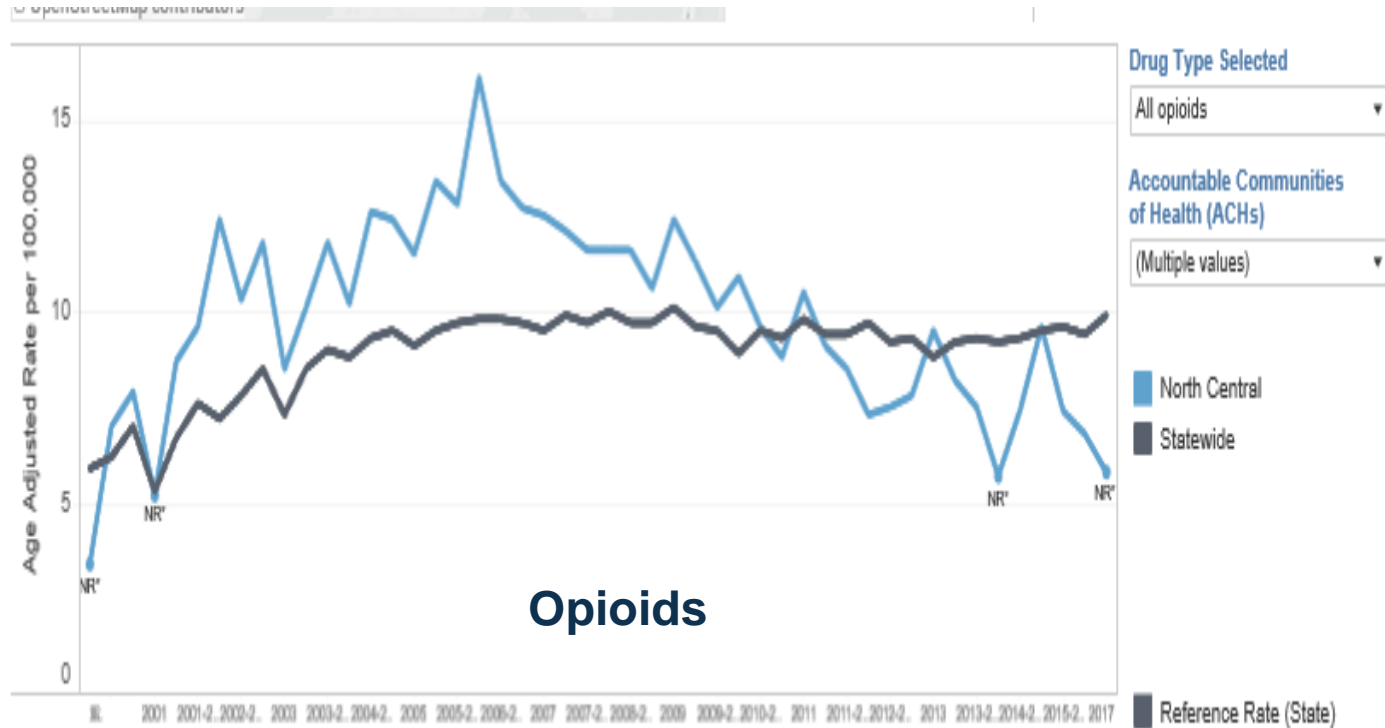
\* Data for 2017 are preliminary as of 5/8/2018.

# Washington Fatal Overdose Rates 2016

Geography: County, Time Period: 2016



# North Central Drug Overdose Rates

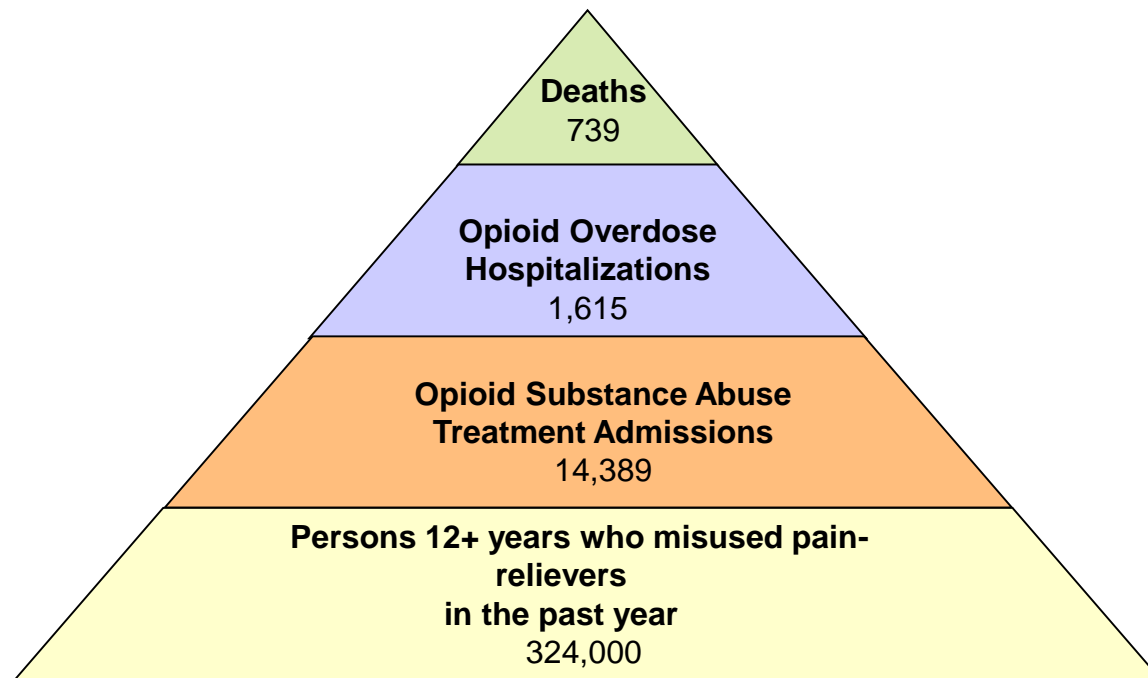


NR\* = Not Reliable due to RSE > 25. For definitions of the drug type, please see the Technical Notes on the landing page:

<https://www.doh.wa.gov/DataandStatisticalReports/HealthDataVisualization/OpioidDashboards>



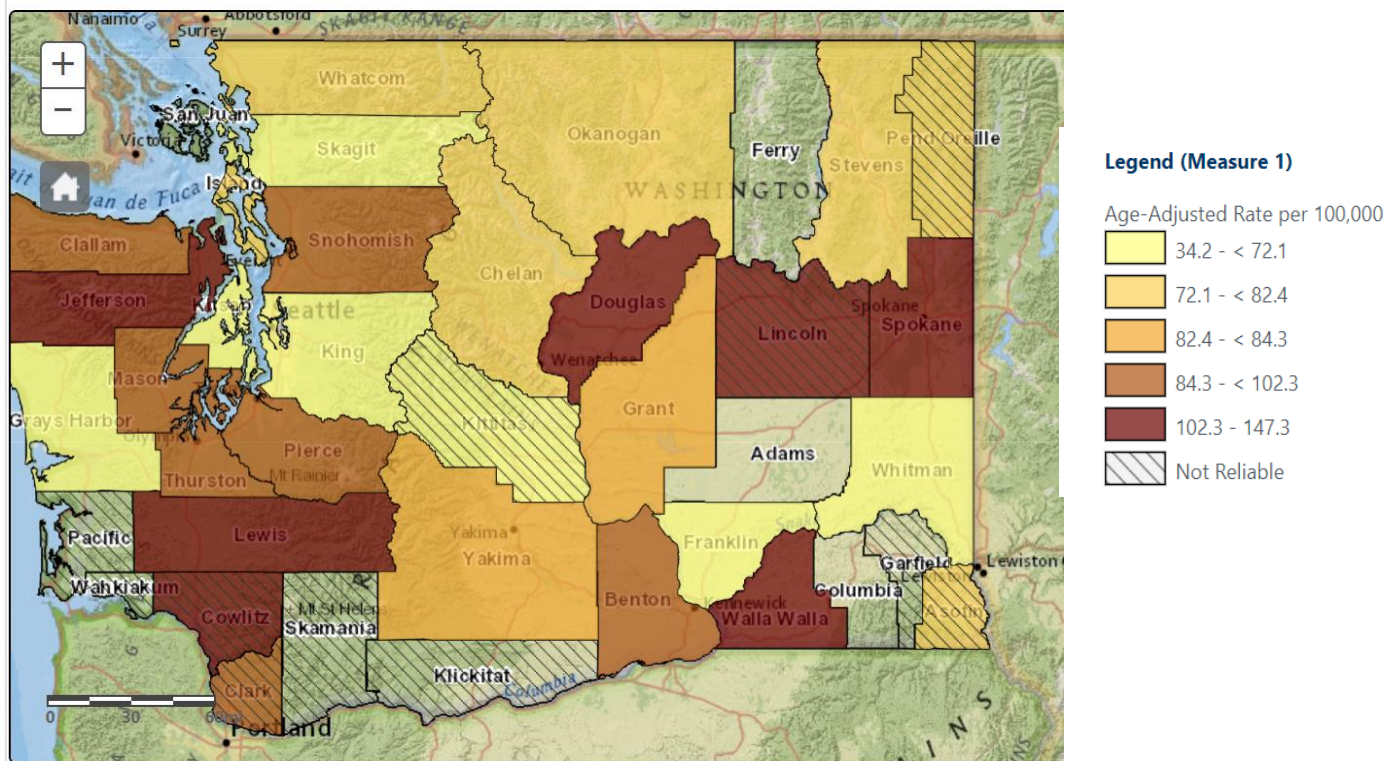
# Opioid-Related Disease Burden in Washington



1. Opioids involved in an overdose death listed as underlying cause of death. Washington preliminary death certificate data, 2017.
2. Washington Hospital Discharge Data, Comprehensive Hospitalization Abstract Reporting System (CHARS), 2017.
3. Treatment and Assessment Report Generation Tool, 2015.
4. National Survey on Drug Use and Health, 2015-2016.



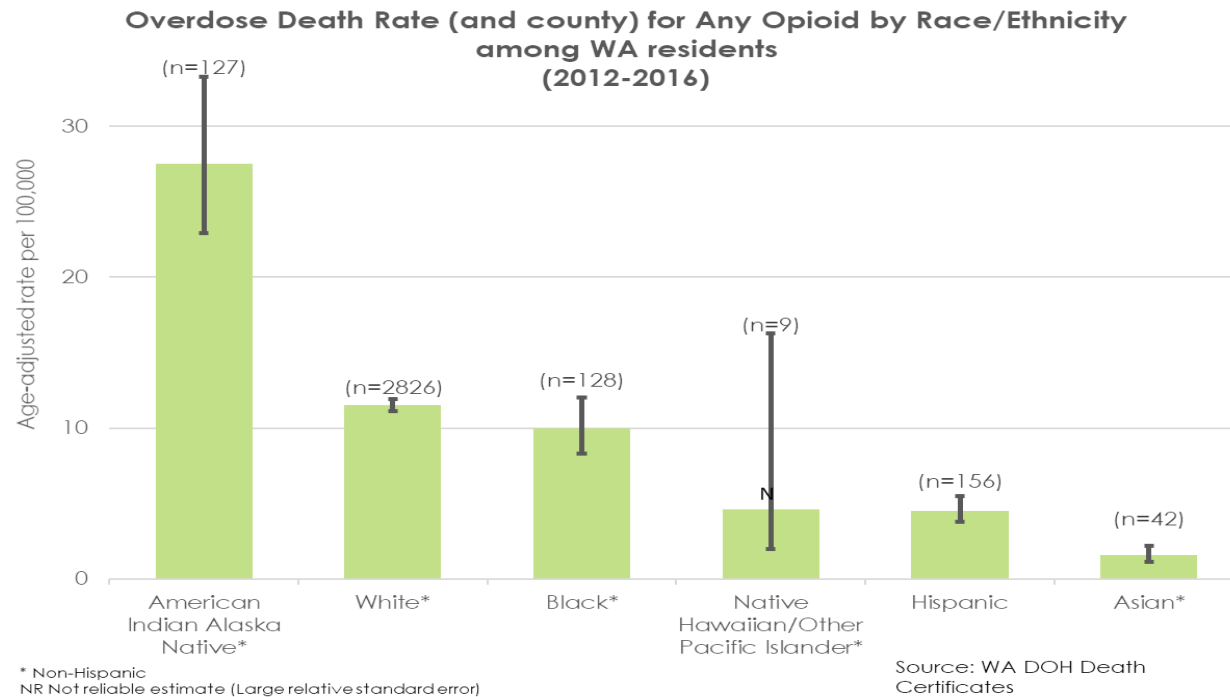
## Washington Hospitalizations for Overdose 2016





# Disparities Exist

# Significant disparities exist



# The Road Map

# Executive Order: Strong State Opioid Response Plan – Plan Just Updated

## Priority Goals

**Goal 1:**  
Prevent opioid  
misuse & abuse



**Prevent misuse  
in youth &  
improve  
prescribing  
practices**

**Goal 2:**  
Treat opioid  
use disorder



**Expand  
access to  
treatment**

**Goal 3:**  
Reduce  
morbidity &  
mortality



**Distribute  
naloxone to  
heroin users**

**Goal 4:**  
Use data to  
monitor &  
evaluate



**Optimize and  
expand data  
sources**

## Priority Actions

### Gaps:

#### 1. Prevention

- Schools
- Public Health

#### 2. Treatment

- Pregnant and parenting women
- Criminal justice involved
- Community behavioral health system

#### 3. Recovery supports

Source:

<https://www.doh.wa.gov/YouandYourFamily/PoisoningandDrugOverdose/OpioidMisuseandOverdosePrevention>

# Prevention

# North Central Regional Resources

- Community Prevention and Wellness Initiative (CPWI):
  - Grant County: Quincy CPWI Coalition
    - Each CPWI site has a Student Assistance Professional (SAP) funded at the local school district to provide prevention/intervention services for students.
- Community-based Organization Prevention grantees:
  - Chelan-Douglas Together For Youth
- Prescription Monitoring Program
  - 2 page reports of opioids prescribed in the school district
    - 5 in North Central
- Starts with One Campaign
- Prescriber Supports
- Parent Child Assistance Case Management Program in Chelan

# Prescribing

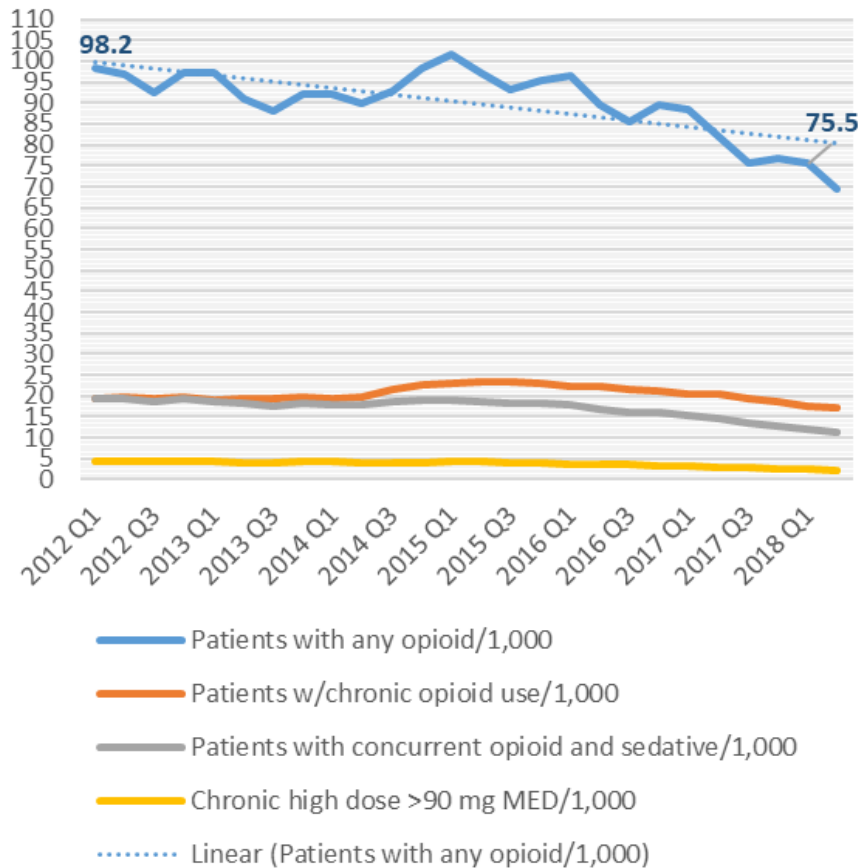


# Prescribing interventions

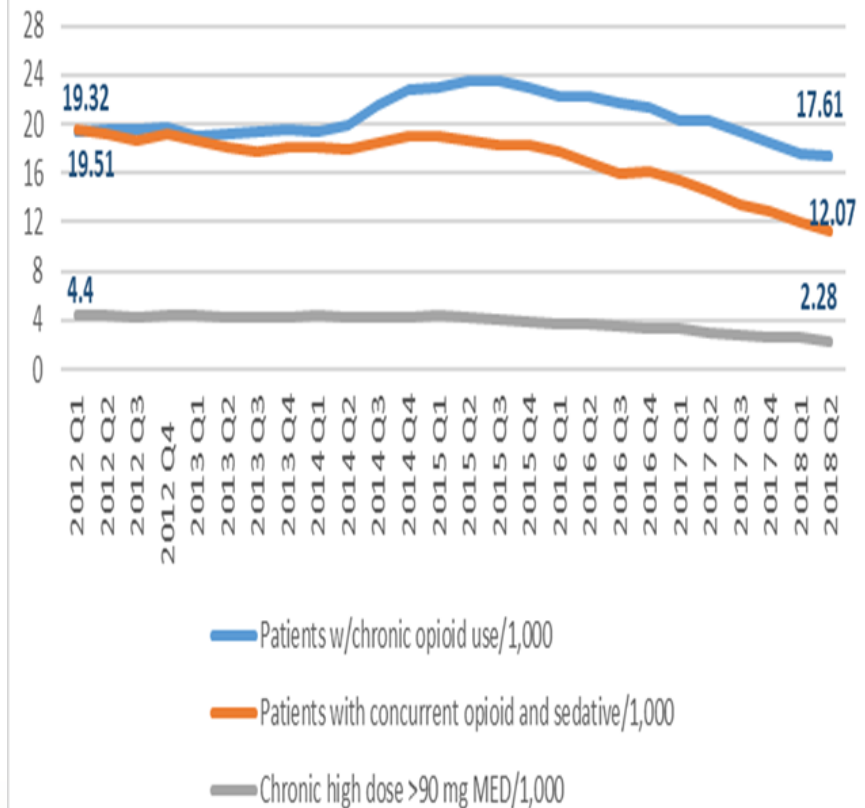
- Improved access to the PMP
- Prescription limits for new opioid prescriptions
- 1427 prescribing rules
  - Acute pain limits, PMP use, feedback, consultation threshold, pilot notification via EDIE of an overdose
- Provider feedback reports
  - HCA, WSMA, DOH
- Prescribing guidelines
  - CDC, BREE, AMDG
- Educational conferences
  - Dental providers

# Prescribing Trends

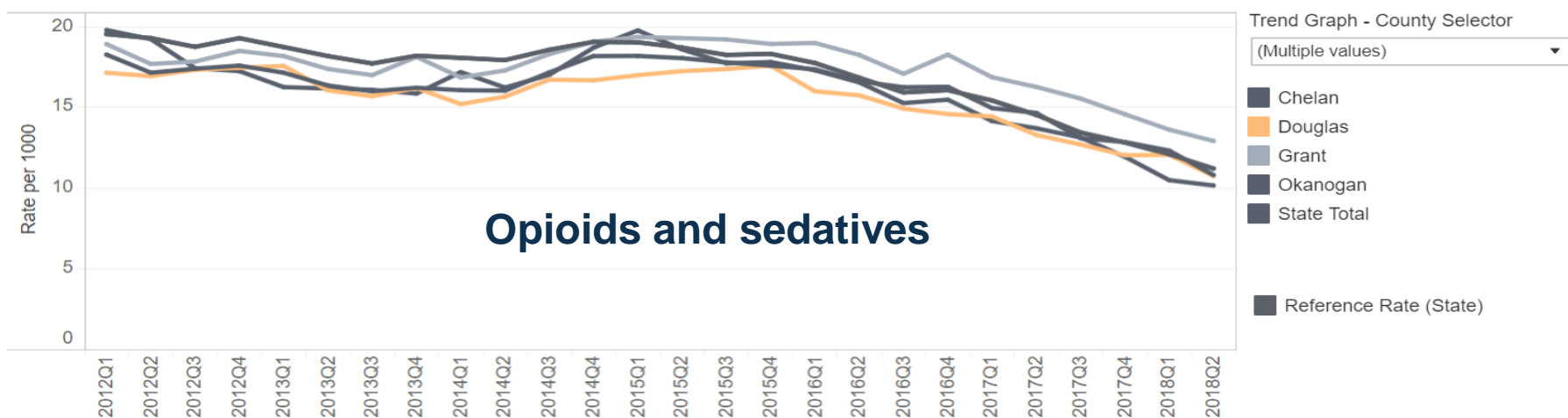
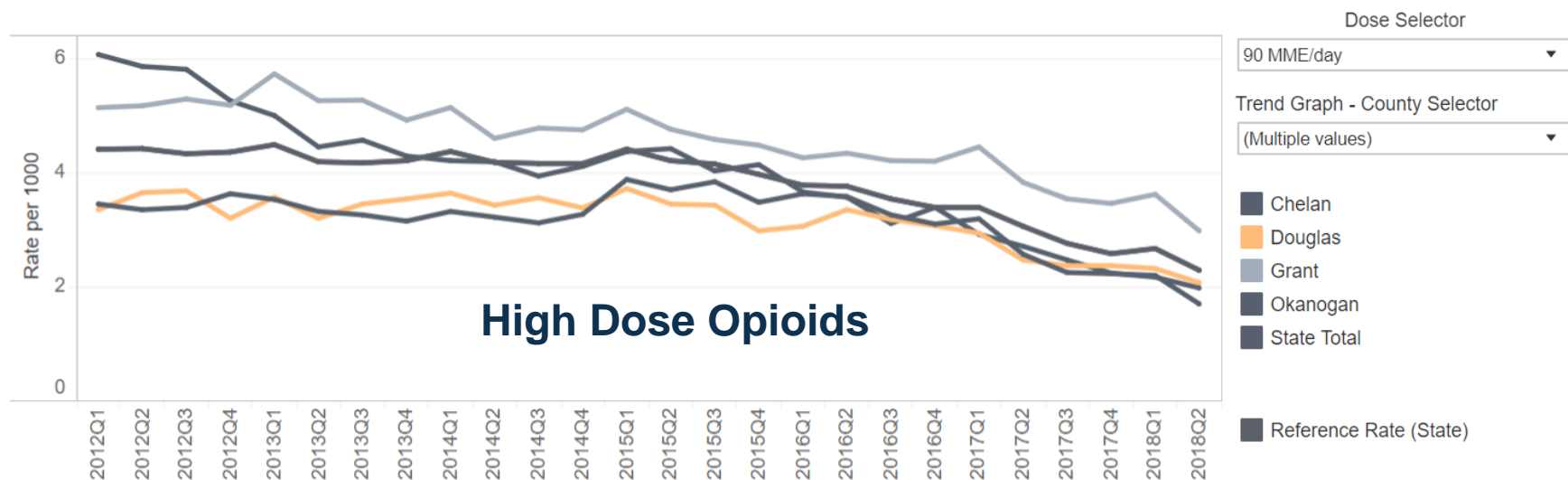
Washington State 2012-2018



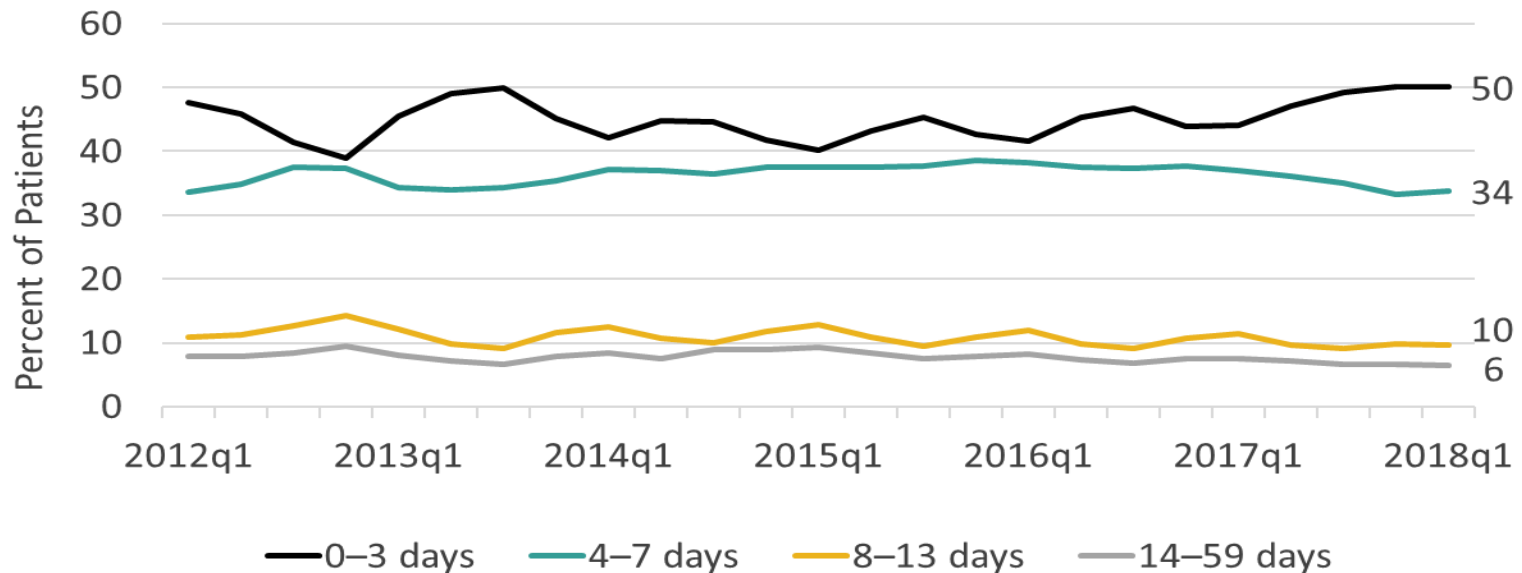
Washington 2012-2018



# North Central Prescribing by County



# Days' Supply of New Opioid Prescriptions



Source: Prescription Monitoring Program

<https://www.doh.wa.gov/DataandStatisticalReports/HealthDataVisualization>

Note: A patient with a new opioid prescription is a person who filled an opioid prescription in the current quarter but not in the previous quarter. Days supply refers to the estimated number of days the prescription will last. All authorized refills are included in the days' supply, even if they were not filled because they reflect the prescriber's prescribing. Opioid prescriptions prescribed for more than 59 days' supply are excluded.

# Adding Capacity for Treatment

# State Targeted Response to the Opioid Crisis

\$11,790,256 per year for 2 years, 2017-2019 (\$23,580,512 total)

## Prevention

1. Prescriber/provider education
2. University of Washington TelePain
3. Public education campaign
4. Safe storage curricula & training
5. Prevention workforce enhancements
6. Community Prevention and Wellness Initiative (CPWI) expansion
7. Analysis of evidence-based practices
8. Community enhancement grants

## Treatment

1. Hub & Spoke
2. Mobile OTP van
3. Low-barrier buprenorphine pilot
4. PathFinder peer project
5. Tribal treatment
6. Treatment payment assistance
7. DOC treatment decision re-entry services & COORP
8. Bridge to Recovery (JRA)
9. Naloxone distribution
10. Prescription Monitoring Program

# 2018 State Budget Opioid Investments

- Over \$10 Million dedicated to implementing State Opioid Response Plan
- State funds
  - Scales Hub and spoke opioid treatment networks statewide
  - Expands Parent child assistance program (PCAP)
  - MAT prescriber rate increase
  - Substance use disorder peer recovery supports
- Directs use of federal substance abuse block grant
  - Community prevention and wellness communities
  - Drug take-back strategies
  - Naloxone
  - MAT provider directory and public education campaign
  - Tribal prevention, treatment, Naloxone



# State Opioid Response Grant

- Up to \$21,260,403 per year for 2 years (\$45,520,806 total)



## Prevention

CPWI expansion  
Community enhancement grants  
Prescriber education trainings  
Opioid summit  
Starts with One  
Naloxone distribution program



## Treatment

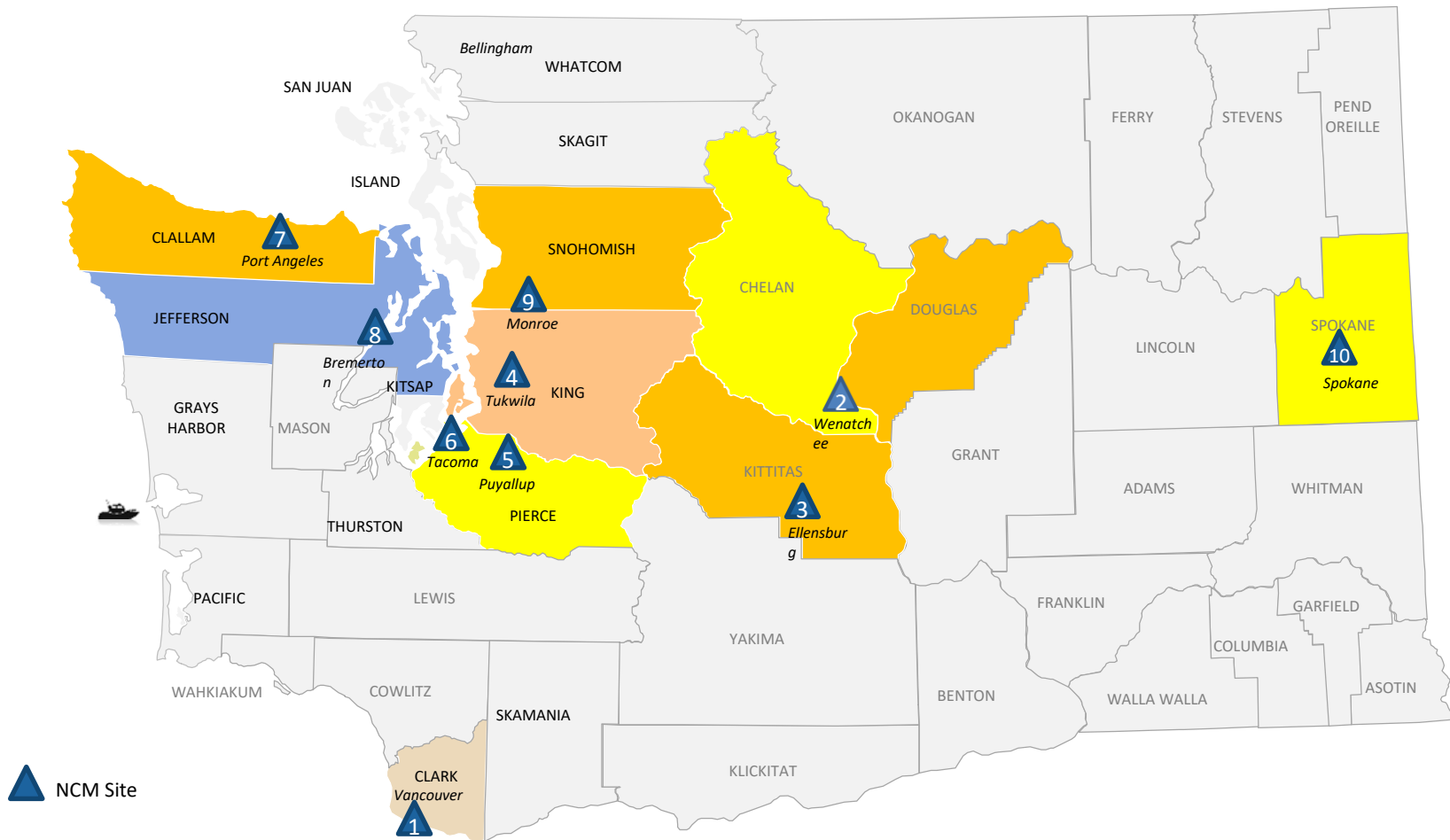
Opiate Treatment Network (OTN)  
OTN TA/Training  
MAT treatment assistance  
Tobacco cessation and cross-addiction training  
Tribal prevention and treatment grants to 14 tribes  
TDM and COORP



## Recovery Support

OOD and MAT training to community recovery support services  
Client-directed recovery support services  
Peer recovery support staff

# WA Nurse Care Manager Sites



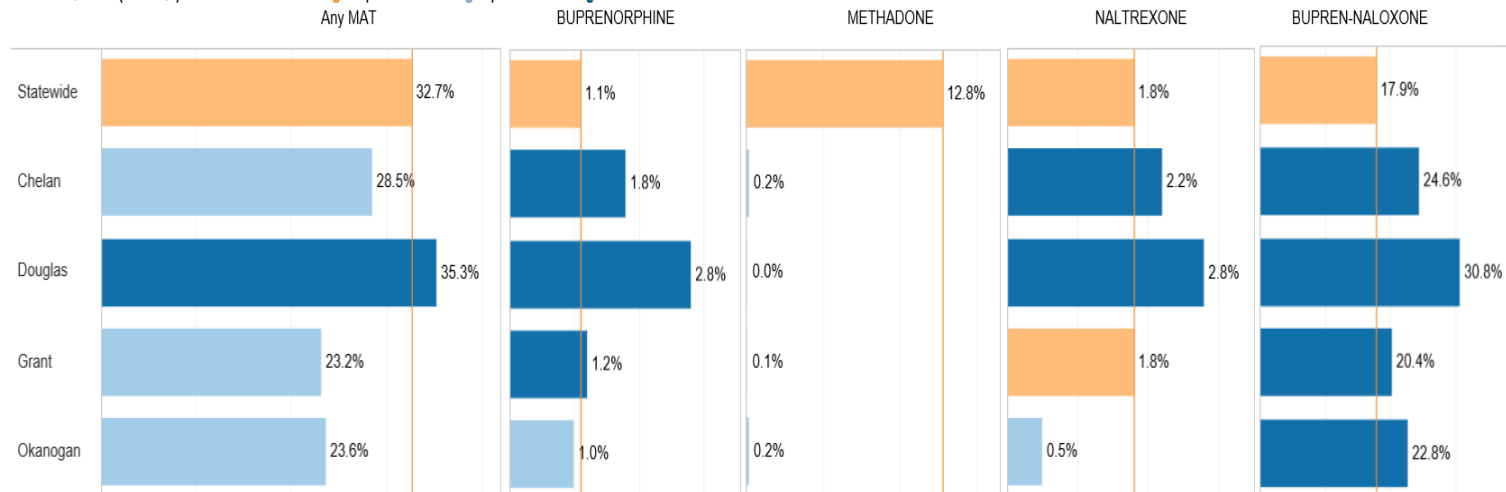
DATA SOURCE: Division of Behavioral Health and Recovery

# Medication Treatment

# People receiving medication for opioid use disorder

Treatment: Treatment of Medicaid enrollees with OUD with various MAT modalities for North Central ACH :

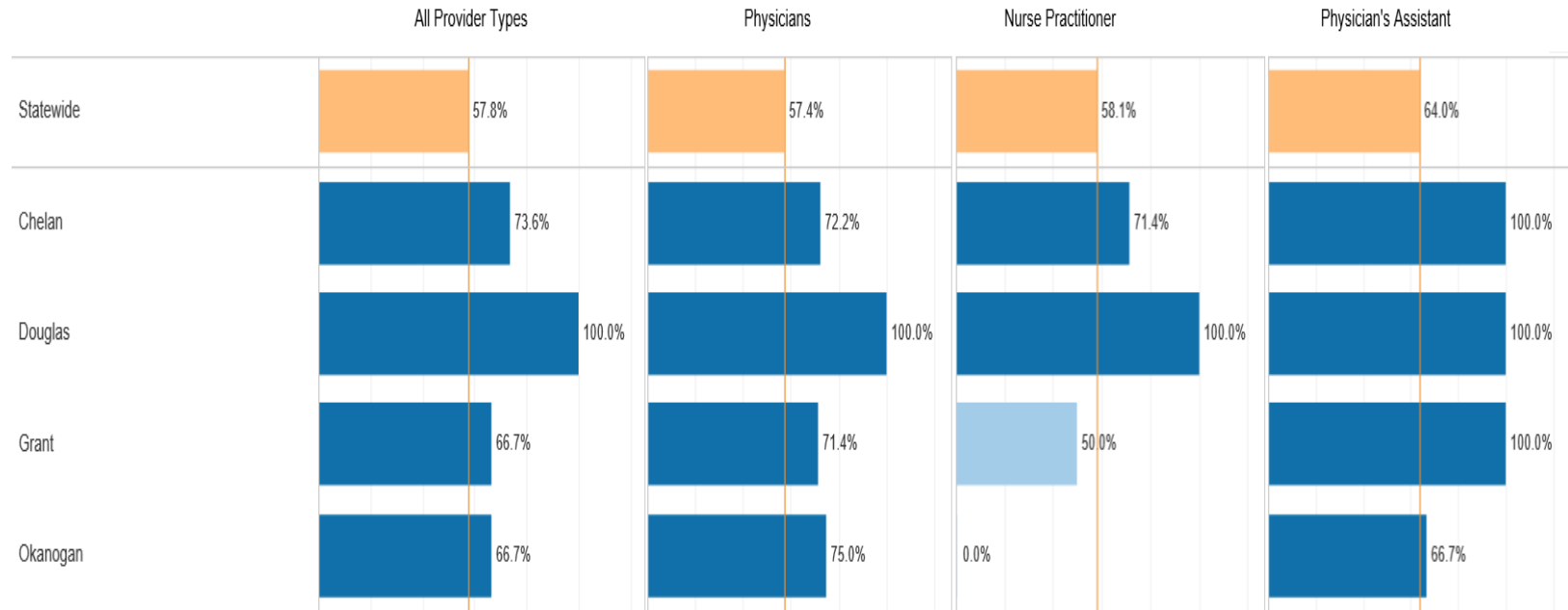
Most Recent Quarter (2018-Q2) Result: state average | below average | above average



# Number of providers actively treating people with medications for opioid use disorder

Providers: Proportion of active Buprenorphine waived providers for North Central ACH :

Most Recent Quarter (2018-Q2) Result: state average | below average | above average



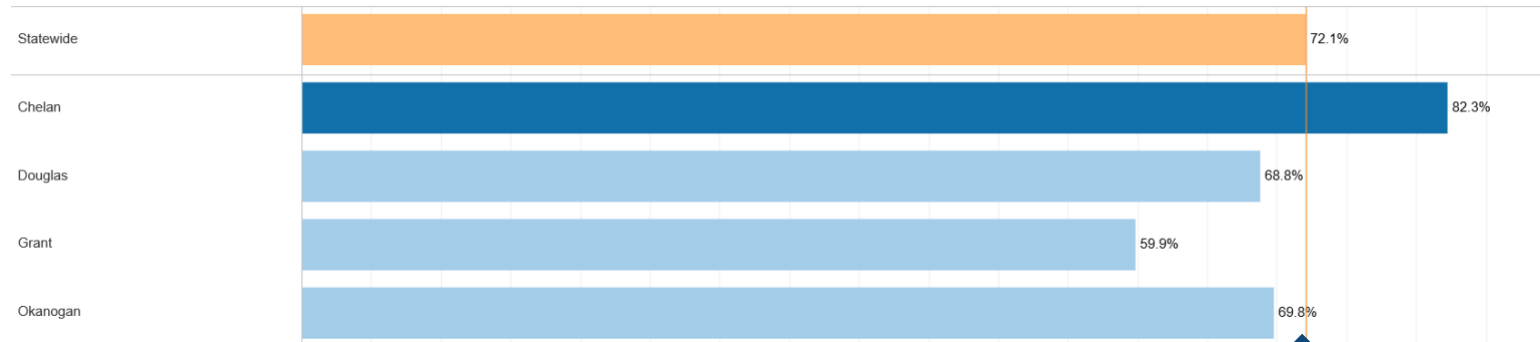
Last 4 Quarter Trend state average | quarterly trend



# Supporting treatment continuation

Treatment: Continuation of Buprenorphine therapy for OUD (90 days) for North Central ACH :

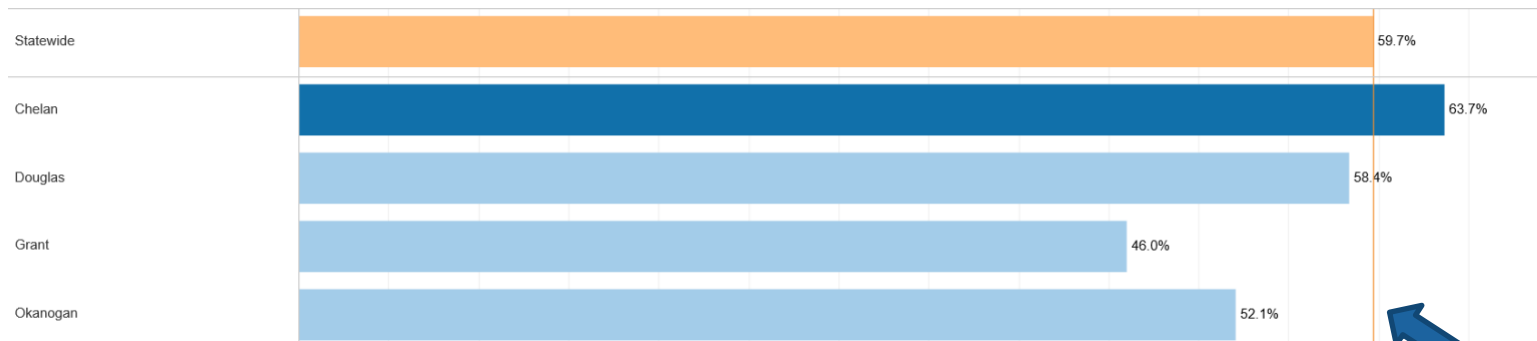
Most Recent Quarter (2018-Q2) Result: state average | below average | above average



Last 4 Quarter Trend state average | quarterly trend

Treatment: Continuation of Buprenorphine therapy for OUD (180 Days) for North Central ACH :

Most Recent Quarter (2018-Q2) Result: state average | below average | above average



Last 4 Quarter Trend state average | quarterly trend

# Summary

- Rates of drug and opioid overdose death rates in North Central mostly match those of the state
- Some community resources are available to support prevention
- Providers have done an excellent job reducing the number of opioids prescribed and getting their waivers to prescribe medication treatment
- It will be important to figure out how best to support medication maintenance and recovery in people with opioid use disorder



Questions?

